

Healthier Lifestyles - with Coach Linda

www.coachlindajohnson.com

Pumpkin Pie Spice

3 Tablespoons Cinnamon
2 teaspoons Ground Ginger
2 teaspoons Nutmeg
1 ½ teaspoons Allspice
1 ½ teaspoons Ground Cloves

Mix all ingredients together. Makes ⅓ cup.

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